



INTERNATIONAL MILITARY SPORT COUNCIL



PROGRAM

59th WORLD MILITARY AERONAUTICAL PENTATHLON CHAMPIONSHIP

12-19 December 2021

Gran Canaria, SPAIN

ORGANIZERS



Bienvenida del Jefe de Estado Mayor del Ejército del Aire *Welcome from the Chief of Staff of the Spanish Air Force*



Como Jefe de Estado Mayor del Ejército del Aire, es un honor desearles mi más cordial bienvenida al 59º Campeonato Mundial de Pentatlón Aeronáutico Militar. Su celebración en Gran Canaria entre el 12 y 19 de diciembre de 2021, la séptima ocasión que este campeonato se desarrolla en España, es una muestra del compromiso de nuestra Institución con el deporte y con esta disciplina tan tradicional entre nosotros, los aviadores.

En el pentatlón aeronáutico se ponen en práctica las cualidades y habilidades del aviador, que desempeña sus funciones en situaciones de elevada exigencia física y mental con precisión, determinación, capacidad de sacrificio, espíritu de superación y resistencia. Todo ello en un contexto en el que prevalecen el espíritu aeronáutico y el compañerismo.

En esta edición, los participantes podrán disfrutar del incomparable marco que proporcionan las islas Canarias, conocidas cariñosamente como “las Afortunadas” por su excelente clima y la enorme hospitalidad de sus gentes, un escenario ideal para la celebración de una competición de alto nivel y dimensión internacional.

Quiero trasladar mi más sincero agradecimiento a los organismos e instituciones de Gran Canaria por su apoyo decidido a la organización de este evento, que se celebrará, entre otras, en instalaciones de la ciudad de Las Palmas y de la Base Aérea de Gando. Y a todos los participantes en el 59º Campeonato de Pentatlón Aeronáutico Militar les deseo una feliz estancia en España, así como los mejores éxitos deportivos en un ambiente de compañerismo y deportividad.

General del Aire
Jefe de Estado Mayor del Ejército del Aire
D. JAVIER SALTO MARTÍNEZ-AVIAL

As the Chief of Staff of the Spanish Air Force, it is an honor to wish you a warm welcome to the 59th Aeronautical Pentathlon World Military Championship. The fact that this edition (December 12th-19th 2021) will take place in Gran Canaria, being the 7th time this championship is held in Spain, is a clear message of our Air Force's commitment to sports and this traditional discipline amongst us, airmen.

The skills required in aeronautical pentathlon portray those of military aviators: Performance in situations of high physical and mental demand, precision, determination, spirit of sacrifice and self-improvement as well as endurance, in a context of prevailing aeronautical spirit and camaraderie.

In this edition, the participants will enjoy the incomparable setting provided by the Canary Islands, also known as "las Afortunadas" (the Fortunate) for their excellent climate and their people's hospitality, an ideal environment for an international competition of such high level.

I wish to thank all Gran Canarias's institutions for their determined support making this championship possible, at sports facilities of both the city of Las Palmas and Gando Air Force Base, among others. I wish all participants in the 59th Military Aeronautical Pentathlon Championship a pleasant stay in Spain, as well as all the best during the competitions in an atmosphere of camaraderie and sportsmanship.

**General del Aire
Chief of Staff of the Spanish Air Force
Mr. JAVIER SALTO MARTÍNEZ-AVIAL**

Saludo de bienvenida del General Jefe del Mando Aéreo de Canarias *Welcome message from the Canary Islands Air Force Commander*



Es para mí un honor y una enorme satisfacción poder dirigirme a todos los participantes en este 59º Campeonato Mundial Militar de Pentatlón Aeronáutico.

Con la celebración de este campeonato en Canarias, por primera vez en la historia se trae a esta Comunidad de España un campeonato mundial militar. Es la séptima vez que España acoge a la familia internacional del Pentatlón Aeronáutico y hemos puesto toda nuestra ilusión, esfuerzo y trabajo para que los buenos recuerdos de este evento deportivo perduren en el tiempo. Han sido unos meses frenéticos de preparación, afrontando el reto de organizar el Mundial en corto espacio de tiempo, y en plena pandemia COVID-19, con el objetivo de evitar que se perdiera este año.

Agradezco al Cabildo de Gran Canaria, así como a las distintas instituciones y empresas patrocinadoras, el apoyo recibido para este evento, permitiendo así abrir las puertas para que los 138 países que integran el Consejo Internacional del Deporte Militar puedan conocer las bondades de Gran Canaria para la práctica deportiva, así como disfrutar de su tierra y el calor de sus gentes.

En nombre de todos los componentes del Mando Aéreo de Canarias les deseo mucha suerte en la competición, que alcancen sus metas y sueños personales y que disfruten de esta tierra bendecida por la dulzura de sus gentes y su clima. Con los brazos abiertos y teniendo muy presente el lema del CISM “Amistad a través del Deporte”, les damos la más cordial bienvenida a este rincón de España, y esperamos que puedan volver a estas tierras, donde estoy seguro que dejan buenos amigos.

General de División
Jefe del Mando Aéreo de Canarias
D. JUAN PABLO SÁNCHEZ DE LARA

It is an honor and great satisfaction for me to be able to address all the participants in this 59th World Military Aeronautical Pentathlon Championship.

With the celebration of this championship in the Canary Islands, for the first time in history a world military championship is brought to this region of Spain. It is the seventh time that Spain welcomes the international family of the Aeronautical Pentathlon and we have put all our enthusiasm, effort and work so that the good memories of this sporting event last over time. It has been frenetic few months of preparation, facing the challenge of organizing the World Championship in a short space of time, and in the middle of the COVID-19 pandemic, with the aim of preventing it from being lost this year.

I would like to thank the Cabildo of Gran Canaria, as well as the different sponsoring institutions and companies, for the support received for this event, thus allowing the doors to be opened so that the 138 countries that make up the International Council of Military Sports can know the benefits of Gran Canaria for sports, as well as enjoying its land and the warmth of its people.

On behalf of all the members of the Canary Islands Air Command, I wish you good luck in the competition, that you achieve your personal goals and dreams and that you enjoy this land blessed by the sweetness of its people and its climate. With open arms and bearing in mind the CISM motto "Friendship through Sports", we give you the warmest welcome to this corner of Spain, and we hope you can return to these lands, where I am sure you will leave good friends.

Major General
Chief of the Canary Islands Air Force Command
Mr. JUAN PABLO SÁNCHEZ DE LARA

COMITÉ DE HONOR *HONOURABLE COMMITTEE*

Presidente / President

Excma. Sra. Ministra de Defensa / *Defence Minister*

Vocales / Members

Ilmo. Sr. Alcalde de Las Palmas de Gran Canaria / *Mayor of Las Palmas*

Sra. Subsecretaria de Defensa, Presidenta del Consejo Superior del Deporte Militar /
Defence Undersecretary, President of the Military Sports Council

Excmo. Sr. General del Aire Jefe del Estado Mayor del Ejército del Aire/
General Chief of Air Force Staff.

Sr. Director General de Reclutamiento y Enseñanza Militar y Vicepresidente del
Consejo Superior del Deporte Militar / *General Director of Recruitment and Military
Education and Vice-President of the Military Sports Council*

Excmo. Sr. General de División Jefe del Mando Aéreo de Canarias /
Major General Chief of the Canary Islands Air Force Command



CONSEJO INTERNACIONAL DEL DEPORTE MILITAR *INTERNATIONAL MILITARY SPORTS COUNCIL (CISM)*

Presidente del CISM / *CISM President:*

General (OF-6) Hervé Piccirillo,

Representante Oficial de CISM / *Official CISM Representative (OCR):*

Colonel (OF-5) Leonardo Perdigao de Oliveira

Presidente del Comité Técnico de Pentatlón Aeronáutico del CISM / *President of CISM
Aeronautical Pentathlon Technical Committee (PCSC):*

Colonel (OF-5) Eduardo Utzig Silva

Jefe Delegación de España ante el CISM /
Chief Delegation of Spain to CISM :

Colonel (OF-5) José Carlos García-Verdugo Sánchez

COMITÉ DE ORGANIZACIÓN ORGANIZING COMMITTEE

PRESIDENTE / CHAIRMAN

Teniente General (OF-8) D. Pablo José Castillo Bretón, Jefe del Mando de Personal y Presidente de la Junta Central de Física y del Ejército del Aire / Chief of Personnel Command and Chairman of Air Force Sports and Physical Education Central Board

VICEPRESIDENTE / VICE-CHAIRMAN

General de División (OF-7) D. Enrique Jesús Biosca Vázquez, Director de Enseñanza y Vicepresidente de la Junta Central de Educación Física y Deportes del Ejército del Aire / Air Force Military Education Director and Vice- Chairman of Air Force Sports and Physical Education Central Board

DIRECTOR DEL CAMPEONATO / CHAMPIONSHIP DIRECTOR

Coronel (OF-5) D. Jesús M. González García, Secretario de la Junta Central de Educación Física y Deportes del Ejército del Aire. / General Secretary of the Air Force Sports and Physical Education Central Board.

ADJUNTO AL DIRECTOR DEL CAMPEONATO / DEPUTY CHAMPIONSHIP DIRECTOR

Comandante (OF-3) D. Francisco Elias Entrialgo

SECRETARIO TÉCNICO / TECHNICAL SECRETARY

Brigada (OR-8) D. Herminio González García

SECCIÓN TÉCNICA / TECHNICAL SECTION

TIRO / SHOOTING: Capitán (OF-2) D. Ignacio Baleztena Olano

NATACIÓN / SWIMMING: Tte. Coronel (OF-4) D. Manuel López-Lago López-Zuazo

ESGRIMA / FENCING: Capitán (OF-2) D. Guillermo Rivero Martín

BALÓN / *BALL CONTEST*: **Tte. Coronel (OF-4) D. César Delgado González Del Pino**

PISTA OBSTACULOS / *OBSTACLES RUN*: **Capitán (OF-2) D. Ignacio Baleztena Olano**

ORIENTACIÓN / *ORIENTEERING*: **Comandante (OF-3) D. Jesús Bernal Gómez**

SECCIÓN DE FINANZAS / *FINANCIAL SECTION*

Tte. Coronel (OF-4) D. Jorge Sáez Tejerina

SECCIÓN LOGÍSTICA / *LOGISTIC SECTION*

· SANIDAD / *MEDICAL SERVICE*:

Capitán (OF-2) D. Ángel Bernard López

· SEGURIDAD / *SECURITY*:

Subteniente (OR-9) D. Miguel A. Peña Palacio

· ALIMENTACIÓN / *FOOD SERVICE*:

Sargento 1º (OR-7) D. Iván Sebastián Campuzano Betancor

· ALOJAMIENTOS / *ACCOMODATION*

Brigada (OR-8) D. Óscar Benito Vázquez

· INFORMATICA / *COMPUTER SERVICE*:

Sargento 1º (OR-7) D. Carlos Pérez Martín

SECCIÓN RELACIONES PUBLICAS Y PROTOCOLO / *PUBLIC RELATIONS AND PROTOCOL OFFICE*:

Teniente (OF-1) D. Antonio Herrera

SECRETARÍA GENERAL / *GENERAL SECRETARY SECTION*

Teniente (OF-1) D. Ovidio Tebar Ruiz

Subteniente (OR-9) D. Miguel Ángel Laiz Ugidos

Brigada (OR-8) D. Mario Llorente Llorente

Cabo 1º (OR-4) D. Julio Cesar López Casado

JURADO DE APELACIÓN *JURY OF APPEAL*

Presidente / President

Representante oficial del CISM / Official CISM representative (OCR):

Colonel (OF-5) Leonardo Perdigao de Oliveira

Vocales / Members

Miembros serán elegidos, durante la Reunión preliminar, entre los Delegados de los países participantes /

Members will be chosen, during the Preliminary meeting, among the delegates of the participating missions, with a maximum of one per nation.

JURADO TÉCNICO TECHNICAL JURY

Presidente / President

Presidente del Comité Técnico de Pentatlón Aeronáutico del CISM / *President of CISM Aeronautical Pentathlon Technical Committee (PCSC):*

Colonel (OF-5) Eduardo Utzig Silva

Vocales / Members

A designar durante la Reunión preliminar por el Presidente del Comité Técnico de Pentatlón Aeronáutico del CISM entre el personal de las naciones participantes, con conocimientos técnicos.

To be designed, during the Preliminary Meeting, by the President of CISM Aeronautical Pentathlon Technical Committee (PCSC) among the participant mission personnel with technical knowledge.

COMISIÓN ANTI DOPAJE ANTI-DOPING COMMISSION

Representante oficial del CISM / Official CISM representative (OCR):

Colonel (OF-5) Leonardo Perdigao de Oliveria

Presidente del Comité Técnico de Pentatlón Aeronáutico / President of CISM
Aeronautical Pentathlon Technical Committee:

Colonel (OF-5) Eduardo Utzig Silva

Representante de la Agencia española anti-dopaje / Representative of anti-doping
Agency in Spain:

D^a María José Iglesias García

PAISES PARTICIPANTES
PARTICIPATING NATIONS



BRAZIL



DENMARK



FINLAND



LITHUANIA



CZECH REPUBLIC



ROMANIA



RUSSIA



SWEDEN



UKRAINE



SPAIN

PROGRAMA PROGRAM

12th DECEMBER 2021 (Sunday)

TIME	ACTIVITY	ATTENDEES	PLACE
All day	Arrival of delegations	ALL	Gran Canaria Airport
Upon arrival	PCR/antigen test	ALL	Gando AFB
19:00-22:00	Dinner	FREE	Hotel

13th DECEMBER 2021 (Monday)

TIME	ACTIVITY	ATTENDEES	PLACE
07:00-10:30	Breakfast	FREE	Hotel
08:00-08:30	Trip to Gando AFB	CISM authorites, Chiefs of Mission and Team Leaders	Bus from Hotel
08:30 -09:45	Preliminary meeting	CISM authorites, Chiefs of Mission and Team Leaders	Gando AFB
08:45-09:15	Trip to Gando AFB	Competitors and coaches	Bus from Hotel
10:00	Opening ceremony	ALL	Gando AFB
11:00-18:00	Training	FREE (according to plan)	Events venues
Available from 12:30	Lunch	ALL	FREE (Packet lunch)
19:00-22:00	Dinner	FREE	Hotel

14th DECEMBER 2021 (Tuesday)

TIME	ACTIVITY	ATTENDEES	PLACE
06:00-10:30	Breakfast	FREE	Hotel
07:00-07:20	Trip to Shooting range	Team leaders, Competitors and coaches (Different times)	Bus from Hotel according to transportation plan
08:00-14:00	Shooting contest	ALL	Punta Camello Shooting range
Available from 12:30	Lunch	ALL	FREE (Packet lunch)
15:15-15:35	Trip to swimming club	Team leaders, Competitors and coaches (Different times)	Bus from Hotel according to transportation plan
16:30-19:30	Swimming contest	ALL	Metropole Swimming club
19:00-22:00	Dinner	FREE	Hotel

15th DECEMBER 2021 (Wednesday)

TIME	ACTIVITY	ATTENDEES	PLACE
06:00-10:30	Breakfast	FREE	Hotel
07:00-07:30	Trip to Gando AFB	Team leaders, Competitors and coaches. (Different times)	Bus from Hotel
08:30-19:00	Fencing contest	ALL	Gando AFB
Available from 12:30	Lunch	ALL	FREE (Packet lunch)
19:00-22:00	Dinner	FREE	Hotel

16th DECEMBER 2021 (Thursday)

TIME	ACTIVITY	ATTENDEES	PLACE
06:30-10:30	Breakfast	FREE	Hotel
07:30-08:00	Trip to Gran Canaria Arena	Team leaders, Competitors and coaches. (Different times)	Bus from Hotel
09:00-19:00	Ball contest	ALL	Gran Canaria Arena
Available from 12:30	Lunch	ALL	FREE (Packet lunch)
19:00-22:00	Dinner	FREE	Hotel
19:30	Gift exchange	Chiefs of Mission and Team Leaders	Hotel

17th DECEMBER 2021 (Friday)

TIME	ACTIVITY	ATTENDEES	PLACE
06:30-10:30	Breakfast	FREE	Hotel
07:30-08:00	Trip to Gando AFB	Team leaders, Competitors and coaches (Diferent times)	Bus from Hotel according to transportation plan
08:45-11:30	Obstacle Course contest	ALL	Gando AFB
09:15-10:00	Trip to Orienteering área. Buses will depart on intervals	Team leaders, Competitors and coaches (Diferent times)	Buses from Gando AFB according to transportation plan
11:00-14:00	Orienteering contest	ALL	
Available from 12:30	Lunch	ALL	FREE (Packet lunch)
18:00	Trip to Closing Ceremony	ALL	Bus from Hotel according to transportation plan

19:00	Closing Ceremony	ALL	Gran Canaria Arena
20:00	Trip to Banquet	ALL	Bus from Las Palmas according transportation plan
20:30	Banquet	ALL	TBD

18th DECEMBER 2021 (Saturday)

TIME	ACTIVITY	ATTENDEES	PLACE
07:00-10:30	Breakfast	FREE	Hotel
11:00	Trip to Cultural visit	Sign up in advance	Las Palmas city center
12:00	Trip to Gando AFB	FREE	Gando AFB (beach)
13:30	Lunch	FREE	Gando AFB (beach)
19:00-22:00	Dinner	FREE	Hotel

19th DECEMBER 2021 (Sunday)

TIME	ACTIVITY	ATTENDEES	PLACE
07:00-10:30	Breakfast	FREE	Hotel
As requested	Trip to the airport	ALL	Bus from Hotel

Snacks (fruits, granola bars, water, juices) available during competitions

MEDIDAS DE PREVENCIÓN ANTI COVID -19

PREVENTIVE MEASURES ANTI COVID-19

Además de las medidas de prevención indicadas en la Invitación enviada a través del CISM, es necesario concretar las siguientes medidas:

1. Será obligatorio presentar a la llegada a Gran Canaria, **un certificado oficial de vacunación completa y test PCR con resultado NEGATIVO pasado a menos de 48 horas de la llegada**. También, a la llegada pasar un test de Antígeno con resultado NEGATIVO.
2. Durante los días de competición se podrán realizar tantos test PCR o Antígeno como el responsable de Sanidad considere oportuno.
3. Si en algún test COVID, una persona tuviera un resultado POSITIVO, se actuará de la siguiente manera:
 - a. El sujeto que diera positivo en un test COVID, pasa a ser un caso COVID. Su estado clínico, según criterio médico, determinará si el sujeto queda en aislamiento en un recinto militar, o requiere atención hospitalaria. Si el paciente fuera asintomático, permanecerá en aislamiento durante 7 días. Si tuviera síntomas leves, deberán transcurrir al menos 3 días sin síntomas para poder abandonar el aislamiento, pero nunca antes del séptimo día desde que la prueba haya dado positiva.
 - b. La Delegación de un caso positivo será considerada CONTACTO ESTRECHO del caso. Deberá mantener distanciamiento social y medidas de prevención adecuadas. Los días 1 y 7 tras el contacto con el caso, se les realizarán PDIA (PCR o antígeno). Las medidas adicionales quedan a criterio del responsable de Sanidad.
 - c. Si las circunstancias lo recomiendan, su equipo podrá ser apartado de la competición y dejaran de tener contacto con personal del Campeonato.

Otras medidas de carácter general:

4. Obligatorio desinfección de manos y toma de temperatura al llegar a cada instalación.
5. Obligatorio usar mascarilla en espacios interiores, solo se podrán quitar la mascarilla los atletas para competir.
6. Se desinfectarán todos los puestos y materiales después de la actuación de cada competidor.

In addition to the prevention measures indicated in the Invitation sent through the CISM, it is necessary to specify the following measures:

*1. Upon arrival in Gran Canaria, it will be mandatory to present an **official certificate of complete vaccination and PCR test with a NEGATIVE result passed less than 48 hours before the arrival**. Also, upon arrival, pass an Antigen test with a NEGATIVE result.*

2. During the competition days, as many PCR tests or Antigen tests as the person in charge of Health deems appropriate.

3. If in a COVID test, a person had a POSITIVE result, the following will be done:

a. The subject who tests positive in a COVID test, becomes a COVID case. His clinical status, according to medical criteria, will determine whether the subject is in isolation in a military compound, or requires hospital care. If the patient is asymptomatic, he/she will remain in isolation for 7 days. If the patient had mild symptoms, at least 3 days must elapse without symptoms before leaving the isolation, but never before the 7th day after the test has been positive.

b. The Delegation of a positive case will be considered CLOSE CONTACT of the case. They must maintain social distancing and adequate prevention measures. On days 1 and 7 after contact with the case, PDIA (PCR or antigen) will be performed. Additional measures are at the discretion of the person in charge of Health.

c. If circumstances recommend it, your team may be removed from the competition and they will no longer have contact with Championship personnel.

Other general measures:

4. Mandatory hand disinfection and temperature measurement upon arrival at each facility.

5. It is mandatory to wear a face mask indoors, only athletes can remove the mask to compete.

6. All stalls and materials will be disinfected after the performance of each competitor

PROGRAMA VIP VIP PROGRAM

Representantes del CISM, Jefes de Misión e invitados, tendrán programa VIP.

CISM representatives, chiefs of mission and guest will have VIP program.

INFORMACIÓN GENERAL GENERAL INFORMATION

ALOJAMIENTOS / *Lodging*

Todo el personal participante será alojado en el Hotel Cristina, situado en la ciudad de Las Palmas de Gran Canaria.

All participants will be accommodated at Cristina Hotel in Las Palmas de Gran Canaria.

HOTEL CRISTINA BY TIGOTAN

C/ Gomera, 6, Playa Las Canteras, 35008

Las Palmas de Gran Canaria, Spain.

Contact 0034 922 979 281

<https://hotelcristinabytigotanlaspalmas.com-hotel.com/es/>

TARJETA DE IDENTIFICACIÓN / *Accreditation Card*

A cada componente de las delegaciones se le proveerá con una Tarjeta de Identidad que le permitirá la libre entrada y salida de la Base así como la circulación por las zonas autorizadas dentro de ella. Servirá par su identificación ante autoridades civiles en caso necesario. Se recomienda llevarla siempre.

Each member of Delegations will be provided with an Identity Card, which enables free way in and out the Base, as well as appropriate identification to civil authorities when necessary. Keeping visible is recommended.

COMIDAS / *Meals*

Los desayunos y las cenas se realizarán en el hotel.

Las comidas se servirán en las instalaciones deportivas. Consistirán en envases individuales.

Breakfasts and dinners will be served at the hotel.

Meals will be served in the sport facilities. It will consist on individual packet lunch.

SERVICIO MÉDICO / *Medical Service*

Habrá un servicio medico en cada prueba.

There will be medical care spot in each competition.

CONTROL ANTI-DOPAJE / *Anti-doping Test.*

Se realizarán al menos 5 pruebas de controles anti-doping de acuerdo con el último reglamento del CISM (Capítulo IV, Manual del CISM), el cual esta en consonancia con el código Anti-Doping de la WADA (Agencia mundial Anti- Doping).

Las responsabilidades operativas de los controles anti doping estarán ligadas a la Comisión Anti-Doping constituida para la prueba correspondiente. La composición y tareas de esta comisión están definidas en el Reglamento Anti-Doping del CISM.

Los análisis se realizarán en un laboratorio reconocido por el COI en Las Palmas de Gran Canaria.

At least five anti-doping control tests will be carried out according to CISM last Rules (Chapter IV, CISM Police Manual), which agrees the WADA Anti-Doping Code (World Anti-Doping Agency).

Operative responsibilities of anti-doping controls will be linked to Anti-Doping Committe set up for the corresponding event. Composition and tasks of this committee are outlined in the CISM Anti-Doping Rules. Analisis will be performed in a COI recognized laboratory in Las Palmas de Gran Canaria.

TRANSPORTE / *Transport*

Se dispondrá de autobuses para el traslado de todos los participantes.

El personal VIP dispondrá de servicio de transporte diferente.

Buses will be available for all participantes transferring.

VIPs will have a different transport service.

OFICINA DE INFORMACIÓN MAP / *MAP Information Desk*

Diariamente, la oficina de información del Campeonato, situada en la planta 11 del hotel, facilitará todo tipo de información que sea solicitada a través de los oficiales de enlace.

Championship office will be open at 11th floor in the hotel and will provide any requested information through the Liaison Officer.

PÁGINA WEB E INFORMACIÓN DIARIA / *Web page and daily info*

Existe una página web oficial del Campeonato disponible desde el día 08DIC. La información diaria será facilitada a través de esta página web:

www.map21spain.com contraseña: Spain21

There is an official website of the Championship available from 08DIC. Daily information will be provided through this website:

www.map21spain.com password: Spain21

UNIFORMIDAD / *Dress Code*

Diario modalidad C para ceremonias de apertura, clausura e intercambio regalos.
Military uniform (short sleeve) will be necessary to attend the opening and closing ceremonies, also for gift exchange.

SERVICIO DE INTERNET / *Internet service*

El hotel dispone de servicio de internet gratuito.

The hotel provides free Internet service.

AERONAUTICAL PENTATHLON CONTESTS



SHOOTING

Is the best test of nervous control. To reach the target in the short time of exposure, performing a fast, relaxed and moderated movement of your arm, hand and fingers, and doing it by retaining breath and maintaining concentration for counted but endless moments, confer this event the condition of self-control test.

The shooting event is conducted with an air pistol at a distance of 10 meters. The competitor fires 20 shots at 20 different targets, one shot per target. The time limit is 40 seconds per shot.



SWIMMING

It demands a perfect functioning of cardiorespiratory system. This test was selected because of the interest that represents itself for air crew, dominating emergency situations in aquatic circles. In the competition, jumps, underwater diving and swimming-pool outings, interrupt the free swimming and make this test more demanding from the physical point of view.

Test is performed in free style over a distance of 100 mts and covers:

-Swimming 50 mts with a dipe outing from the swimming-pool border and an outing over its border .

-5 mts will be run along the border of the swimming-pool in a unslippery surface to change the lane.



FENCING

Prove the speed of reaction, sense of instant reflection, precision in the motive ractions. Develops the ability to perform fast decissions, skill so trascendental for pilots. Besides, the merely physycal action is very important due to the hardness and violence of a fencing round.

As the Aeronautical Pentathlon is a competition for teams and at the same time is a individual one, competition will be carried out in a unique poule, so as every competitor will beat with all participants.

Combats will be in the electric sword way to three touchés. It is registered to double defeat and combats will not exceed two minutes.



BALL CONTEST

Among the several tests in basketball, two very well defined were chosen. Competitors have to beat against timing, their opponents and themselves.

It develops speed and agility and the ability to keep relaxed and quiet.

Every test gives a certain number of points that finally are added in order to get the overall result of the event.

Ability: It is divided into the tests of coordination, skill and speed.

Part I. Coordination. Purpose is to score five times with five balls previously located in the launching line.

Part II. Skill. Purpose is to carry out a run around fences ublicated in the basketball court and a goal must be scored in every basket.

Part III. Speed. Purpose is to socre 10 balls just after ending Part II (Skill).

Relaxation:

Purpouse is to score the higher number of times making twenty launchings in for (4) minutes, in he following sequence:

- Ten balls previously touching the board.*
- Ten balls socred directly into the basket.*



ESCAPE

It is the hardest and decisive. It is made of an obstacle run followed by a Orienteering competition developed in the forest.

The obstacle run is applied by the Aeronautical Pentalon Rules with the followings remarks: The track will have a 300 to 400 mts. Length and will consist of 10 to 20 obstacles.

The orieentering event will be carried out the same day that the obstacle run . Timing calculated for winner must be forty-five (45) minutes.

The same interval between departure of the obstacle run and the orieentering for every competitor will be established (at least 60 minutes).

BREVE HISTORIA DE LA ISLA DE GRAN CANARIA

BRIEF HISTORY OF GRAN CANARIA ISLAND

Las Islas Canarias, constituye una comunidad autónoma de España, que consiste en un archipiélago en el Océano Atlántico, encontrándose la isla más cercana a 67 millas (108 km) del continente del noroeste de África. Canarias comprende las provincias españolas de Las Palmas y Santa Cruz de Tenerife, así como los consejos insulares de Gran Canaria, Fuerteventura, Lanzarote, Tenerife, El Hierro, La Gomera y La Palma.

A partir de 1993, que España se ha integra en la Unión Europea, Gran Canaria se convierte en uno de los destinos vacacionales más populares no solo a escala europea, sino a nivel mundial. Así, más de 10 millones de turistas vienen aquí cada año, la mayor parte de este flujo está representado por alemanes, ingleses y personas de los países del norte.

Los Vientos Alisios, la Corriente del Golfo y la orografía de Gran Canaria han bendecido esta isla con un maravilloso clima suave todo el año. Las temperaturas oscilan entre los 28°C en verano y los 10°C en invierno. En diciembre la temperatura media en Gran Canaria suele oscilar entre 12°C y 20°C.

Canary Islands, Spanish Islas Canarias, comunidad autónoma (autonomous community) of Spain, consisting of an archipelago in the Atlantic Ocean, the nearest island being 67 miles (108 km) off the northwest African mainland. The Canaries comprise the Spanish provinces of Las Palmas and Santa Cruz de Tenerife, as well as the insular councils of Gran Canaria, Fuerteventura, Lanzarote, Tenerife, El Hierro, La Gomera, and La Palma.

As from 1993, the Spain gets into the European Union, Gran Canaria becomes one of the most popular vacation destinations not only at European scale, but worldwide. Thus, more than 10 million tourists come here each year, most of this flow being represented by Germans, Englishmen and people of the north countries.

The Trade Winds, the Gulf Stream and the orography of Gran Canaria have blessed this island with a wonderful mild climate all year round. Temperatures range from 28°C in summer to 10°C in winter. In December the average temperature in Gran Canaria usually oscillates between 12°C and 20°C.

PATROCINADORES
SPONSORS

AIRBUS

Binter

tecnobit
grupo oesía

Fujitsu
UVance



