



CONSEIL INTERNATIONAL DU SPORT MILITAIRE
FEDERACION DEPORTIVA MILITAR ECUATORIANA
CISM International Symposium
Quito – Ecuador (3rd – 8th June, 2019)



INVITATION FILE

CISM INTERNATIONAL SYMPOSIUM 2019



*“CISM at 70’s: History & Sport Science
working together in the Academy”*



CISM International Symposium 2019
Quito – Ecuador
3rd to 8th June, 2019



“CISM at 70's: History & Sport Science working together in the Academy”

ECUADORIAN DELEGATION TO CISM
Ministerio de Defensa Nacional
Estado Mayor del Comando Conjunto de las FF.AA.
Federación Deportiva Militar
Avenida Orellana y Amazonas, Colegio Militar No 1.
“Eloy Alfaro” 2d. piso – FEDEME
Quito - Ecuador

To: See Distribution List
Subject: CISM INTERNATIONAL SYMPOSIUM 2019
Date: 14th October, 2018.

The Conseil International du Sport Militaire (CISM Academy & CISM Sport Science Commission) is organizing, in co-operation with the Ecuadorian Armed Forces - Federacion Deportiva Militar Ecuatoriana, in Quito, from 3rd to 8th June 2019 the CISM International Symposium: “CISM at 70's: History & Sport Science working together in the Academy”.

The CISM President and the Chief of the Ecuadorian Delegation to CISM, on behalf of the Minister of National Defense of the Federal Republic of Ecuador, have the honour to invite a mission representing your country to participate in this Symposium.

We look forward to seeing you in Quito, Ecuador.

Commissaire en chef de 1^{ère} classe Hervé Piccirillo
President of CISM

Lieutenant General Roberto Rubio Mesias
Chief of Ecuadorian Delegation to CISM

ENCLOSED:

- Distribution List
- General Program
- General Information
- Annex 1 Preliminary Agreement (to be returned before 1st February, 2019)
- Annex 2 Abstract – Instructions for authors (to be returned before 1st February, 2019)
- Annex 3 Final Entry (to be returned before 15th March, 2019)
- Annex 4 Curriculum vitae (to be returned before 15th March, 2019)



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DISTRIBUTION LIST

CISM President
 CISM Vice-Presidents
 CISM Secretary General
 Members of CISM Board of Directors
 Chief of Liaison Offices
 Presidents and Members of Commissions
 Presidents and members of CISM Sports Committees

To the Chiefs of Delegation of the following CISM Members Countries:

#	Nom/Name	#	Nom/Name	#	Nom/Name
1	Afghanistan	47	Espagne, Royaume / Spain, Kingdom	94	Nigéria, R.F. / Nigeria, R.F.
2	Afrique du Sud / South Africa	48	Estonie, R. / Estonia, R.	95	Norvège, Royaume / Norway, Kingdom
3	Albanie, R. / Albania, R.	49	Etats-Unis d'Amérique / United States of America	96	Oman, Sultanate
4	Algérie, R.P.D. / Algeria, R.P.D.	50	Ex-Rép. yougoslave de Macédoine / Former Yugoslav Republic of Macedonia	97	Ouganda, R. Uganda, R.
5	Allemagne, R.F. / Germany, F.R.	51	Finlande, R. / Finland, R.	98	Ouzbékistan / Uzbekistan
6	Angola, R.	52	France, R.	99	Pakistan, R. islamique
7	Arabie Saoudite, Royaume/ Saudi Arabia, Kingdom	53	Gabon, R.	100	Palestine, Etat de / Palestine, State of
8	Argentine, R. / Argentina, R.	54	Gambie, R / Gambia R.	101	Paraguay, R.
9	Arménie / Armenia	55	Géorgie, R. / Georgia, R.	102	Pays-Bas, Royaume, The Netherlands, Kingdom
10	Autriche, R. / Austria, R.	56	Ghana, R.	103	Pérou, R. / Peru, R.
11	Azerbaïdjan	57	Grèce, R. / Greece, R.	104	Philippines
12	Bahrein, Royaume / Bahrain, Kingdom	58	Guatemala, R.	105	Pologne, R. / Poland, R.
13	Bangladesh	59	Guinée R. / Guinea, R.	106	Portugal, R.
14	Barbade / Barbados	60	Guinée-Bissau, R.	107	Qatar, Etat / State of Qatar
15	Bélarus / Belarus	61	Guinée Equatoriale, R.	108	Roumanie / Romania
16	Belgique, Royaume / Belgium, Kingdom	62	Hongrie, R. / Hungary, R.	109	Russie, Fédération / Russia, Federation
17	Bénin, R. / Benin, R.	63	Inde, R. / India, R.	110	Rwanda, R.
18	Bolivie, R. / Bolivia, R.	64	Indonésie / Indonesia	111	Senega, R.
19	Bosnie-Herzégovine / Bosnia Herzegovina	65	Iran, R. islamique / Islamic R. of Iran	112	Serbie / Serbia
20	Botswana, R.	66	Iraq / Irak	113	Sierra Leone, R.
21	Brésil, R.F. / Brazil, F.R.	67	Irlande, R / Ireland, R..	114	Slovaquie, R. / Slovakia, R.
22	Bulgarie, R. / Bulgaria, R.	68	Italie, R. / Italy, R.	115	Slovénie, R. / Slovenia, R.
23	Burkina Faso	69	Jamaïque	116	Soudan, R. / Sudan, R.
24	Burundi, R.	70	Jordanie, Royaume hachémite/Jordania	117	Sri Lanka, R.
25	Cabo Verde, R.	71	Kazakhstan, R.	118	Suède, Royaume : Sweden Kingdom
26	Cameroun, R.	72	Kenya	119	Suisse, Conféd. / Switzerland, Confed.
27	Canada	73	Kirghizistan	120	Suriname, R.
28	Centrafricaine, Rep / Central African R.	74	Koweït, Etat / Kuwait, State	121	Swaziland, Royaume
29	Chili, R. / Chile, R.	75	Lesotho	122	Rép. Arabe Syrienne / Syrian Arab rep.
30	Chine, R.P. / China, P.R.	76	Lettonie / Latvia	123	Tanzanie, Rép.-Unie / United R. Tanzania
31	Chypre, R. / Cyprus, R.	77	Liban, R. / Lebanon, R.	124	Tchad, R. / Chad, R.
32	Colombie / Colombia	78	Libye / Libya	125	Rép. Tchèque / Czech Republic
33	Comores, Union des / Comoros, Union of	79	Lituanie, R. / Lithuania, R.	126	Thaïlande, Royaume
34	Congo, R.	80	Luxembourg, G.D.	127	Togo, R.
35	Congo, R. D.	81	Madagascar, R.	128	Trinité & Tobago
36	R.P.D. Corée / D.P.R. of Korea	82	Malawi	129	Tunisie, R. / Tunisia, R.
37	Corée, R. / Korea, R.	83	Mali, R.	130	Turquie, R. / Turkey, R.
				131	Turkménistan / Turkmenistan
38	Côte d'Ivoire, R.	84	Malte / Malta	132	Ukraine
39	Croatie, R. / Croatia, R.	85	Maroc, Royaume / Morocco, Kingdom	133	Uruguay, R. orientale
40	Danemark, Royaume / Denmark, Kingdom	86	Mauritanie, R. islamique	134	Venezuela, R.
41	Djibouti, R.	87	Monaco	135	Viet Nam, R.
42	République Dominicaine / Dominican R.	88	Mongolie, Etat / Mongolia, State	136	Yémen, R / Yemen, R.
43	Egypte, R. Arabe / Egypt, Arabic R.	89	Monténégro	137	Zambie, R / Zambia, R.
44	Emirats Arabes Unis / United Arab Emirates	90	Myanmar	138	Zimbabwe, R.
45	Equateur / Ecuador	91	Namibie / Namibia		
		92	Nepal/Nepal		
46	Erythrée / Eritrea	93	Niger, R.		



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GENERAL PROGRAM

Date	Time	Activity	Place	Dress
Monday 03.06.2019	Whole day	Arrival	Airport	Casual
Tuesday 04.06.2019	Morning	Registration	CIESPAL	Uniform
		Opening Ceremony		
		Opening Lunch		
	Afternoon	Opening Session		
Wednesday 05.06.2019	Morning	<u>1st session</u> <i>CISM, Armed Forces and civilian institutions as promoters of Sports & Science</i>	CIESPAL	Uniform
	Afternoon	<u>2nd session</u> <i>Fitness and Performance of Military Sports</i>		
	Afternoon	<u>3rd session</u> <i>Psychophysiological Military Fitness and Operational Readiness</i>		
Thursday 06.06.2019	All day	<u>Poster session</u>	CIESPAL	Casual Uniform*
	Morning	<u>4th session</u> <i>Science increasing performance inside the military sports</i>		
	Afternoon	<u>5th session</u> <i>Management and partnership inside the military sport field</i>		
	Evening	<u>Poster session</u>		
Friday 07.06.2019	Whole day	Closing Ceremony	BAÑOS	Casual
		Closing banquet		
SAT 08.06.2019	Whole day	Cultural day		Casual
	Whole day	Departure		Casual

* required to the lecturers and poster presenters.

Notes:

An updated program will be published during the first week of June on our website (<http://symposiumecuador2019.com>) or/and at CISM website (<http://www.milsport.one>).



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GENERAL INFORMATION

1. Composition of the Mission

Initially, each Delegation can be represented by a maximum of 7 participants (3 speakers or poster presenters with abstracts approved and 4 audience). Exceptions would be possible due the amount of registered countries in the moment of the Final Entry and can be asked to the Organizing Committee opportunely.

2. Eligibility

Participants must be part of an active CISM member nation.

3. Condition of stay

All participants will be accommodated in Hotel Mercure, located in one of Quito’s finest residential and touristic neighborhoods.

Full board and lodging will be paid by the participants on the arrival on the reception desk at Hotel Mercure, as follows:

3rd – 8th June, 2019	Single room	€ 78 EUR/day
	Double room	€ 104 EUR/day

For possible early arrivals before 3rd June or late departure after 8th June different rates will be applied.

4. Medical care

The Local Organizing Committee provides medical assistance to the mission members including first aid and transport to hospital during the symposium. However, the Local Organizing Committee is NOT responsible for:

- surgical operation or other special treatments,
- complicated return transport due to illness/accident,
- other expenses on account of illness/accident such as compensations, loss of income etc.

To cover the above-mentioned risk, participants must arrange sufficient insurance in their home countries.

5. Transportation

The cost of travel to the point of arrival in Ecuador will be responsibility of each participating mission as well as the cost of travel from the point of departure back home. The transport from and back to the arrival point (airport Quito, bus station, Hotel Mercure) will be provided by the organizer.



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Points of arrival:

By plane:

- Aeropuerto Internacional “Mariscal Sucre”

By road

- Terminal Terrestre Quitumbe de Quito

6. Customs and Visa Procedures

For information on requirements, please contact the Ecuadorian Embassy or Consulate serving your country or our nearest diplomatic representative. Application for VISA is the responsibility of participating delegations.

7. Weather conditions

Average temperature in June in Quito is 9 – 19° C.

8. Cultural activities

Cultural day will be organized for all participants.

9. Language

Presentations will be given in one of CISM official languages (Arabic, English, French or Spanish). Simultaneous translation will be available also in this languages.

10. Registration forms

- Preliminary Agreement and abstract (Annexes 1 and 2) to be returned before 1st February, 19.

- Final Entry and Curriculum vitae (Annexes 3 and 4) to be to be returned before 15th March, 19.

11. Uniforms

Uniform Class A are mandatory to Opening and Closing Ceremony, Opening Lunch and Closing Banquet, as well as for the military lecturer during the respective presentation.

Civilians should follow the same dress code.

12. Spouses

According to the availability, cultural activities could be organized.



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13. Correspondence

All correspondence concerning the Symposium should be sent to the following address:

CISM INTERNATIONAL SYMPOSIUM - LOCAL ORGANIZING COMMITTEE
Ministerio de Defensa Nacional
Estado Mayor del Comando Conjunto de las FF.AA.
Federación Deportiva Militar
Avenida Orellana y Amazonas, Colegio Militar No 1.
“Eloy Alfaro” 2d. piso – FEDEME
Quito – Ecuador

Tel: +593 222 21 19* / +593 984947110/+593 962782365

Fax: +593 2222 119

E-mail: fedeme2008@gmail.com

Website: www.fedeme.ccffaa.mil.ec

Symposium website: <http://symposiumecuador2019.com>

(information about abstract submission and curriculum vitae upload)



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ANNEX 1

PRELIMINARY AGREEMENT

To be returned before: **1st February, 2019**

To: CISM INTERNATIONAL SYMPOSIUM 2019 - LOCAL ORGANIZING COMMITTEE (correspondence according item 12. information above)

Nation:

Participation: YES NO

Number of participants as audience (max 4)

Number of participants as potential speakers (max 3)
 (abstract submitted)

Total number of the Delegation (max 7)

Date: _____

 Signature Chief of Delegation
 Rank and Name

Your Contact	Rank/Name	
	Phone	
	Fax	
	E-Mail	



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ANNEX 2

ABSTRACT

To be returned before: **1st February, 2019**

To: <http://symposiumecuador2019.com> (submission information in the website)
and CISM INTERNATIONAL SYMPOSIUM 2019 - LOCAL ORGANIZING COMMITTEE (correspondence according item 12. information above)

Nation:

Instructions:

Please indicate which session your abstract refers to

1st session: CISM, Armed Forces and civilian institutions as promoters of Sports & Science;

2nd session: Fitness and Performance of Military Sports;

3rd session: Psychophysiological Military Fitness and Operational Readiness;

4th session: Science increasing performance inside the military sports; or

5th session: Management and partnership inside the military sport field

The authors should also indicate is the desired kind of presentation (as speaker or poster session), but the Organizing Committee reserves the right to change it according to the convenience of the schedule of the Symposium.

Abstracts should contain no more than 500 words (without title, names and affiliations, figures and references). Write concisely and clearly using complete sentences (not fragments). Avoid using unnecessary jargon and abbreviations, but use an acronym or abbreviation if it is more commonly recognized than the spelled-out version of a term.

Please keep in mind, that the practical implications part is regarded as the most relevant part of a CISM International Symposium Abstract.

Title - The title should accurately reflect the content of the manuscript and be limited to 20 words in length.

Full names of the authors and institutional/corporate affiliations - Do not list academic degrees.

Introduction - This paragraph should provide a succinct statement of the context or background and the purpose or the aims of the study. This section ends with a sentence such as 'The purpose of this paper....' or 'This paper aims to....'.



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Methods - Study design and subjects (how and with whom were the objectives achieved?), instruments/method(s) used (how were data collected?) and data analysis (how were data processed, what statistical analysis was performed?).

Results - What was found in the course of the work?

Discussion and Conclusion - Discuss your findings in reference to previous research. If possible, discuss the limitations and how the results can be generalized.

Practical implications - This part is important for the know-how transfer from science to military and athletic training praxis. It is therefore the most important part of a CISM International Symposium. What implications and consequences for the practical applications are identified? What changes to practice should be made as a result of this research/paper?

References - APA Style (<http://www.apastyle.org/>)

Figures and Tables - the inclusion of one figure or table is allowed. Each figure or table must be presented with a brief caption or title that defines all abbreviations used within it. Figures should be professional in appearance and have clean, crisp lines. Hand drawing and hand lettering are not acceptable. Photographic images should be at a resolution of 300 dots per inch (dpi) for full-size photos and 600 dpi for line art. Explanatory notes should be shown in footnotes below the table. Authors wishing to reproduce previously published material should obtain prior written permission to reprint from the copyright holder(s) of the figure or table. The phrase "used by permission" should appear in the caption of the figure or table.

The evaluation of the submitted abstract and the feedback to the Delegations about its eventual approval will occur until 22nd February, 2019.



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ANNEX 3

FINAL ENTRY

To be returned before: **15th March, 2019**

To: CISM INTERNATIONAL SYMPOSIUM - LOCAL ORGANIZING COMMITTEE
 (correspondence according item 12. information above)

Nation:

	PLACE	DATE	FLIGHT Nr / BUS Nr	TIME
Arrival				
Departure				

Function	Rank	First Name	Last Name
Speaker			
Speaker			
Speaker			
Participant			
Participant			
Participant			
Participant			
Spouse			

Date: _____

 Signature Chief of Delegation
 Rank and Name

Your Contact	Rank/Name	
	Phone	
	Fax	
	E-Mail	



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ANNEX 4

CURRICULUM VITAE

To be returned before: **15th March, 2019**


To: <http://symposiumecuador2019.com> (upload information in the website) and
CISM INTERNATIONAL SYMPOSIUM 2019 - LOCAL ORGANIZING COMMITTEE
(correspondence according item 12. information above)

Please follow the template below:

Curriculum vitae

Thomas Wyss, PhD
thomas.wyss.at@baspo.admin.ch

16. August 1977
Married, 2 children
Swiss



Job experiences

2018 - Today Swiss Federal Institute of Sport Magglingen SFISM, Head of Competence Units SFISM (Monitoring unit, Evaluation unit, Sports technology unit, Integration and prevention unit, and Sports infrastructure unit). Lecturer for scientific working and physical training sciences.

2010 – 2017 Swiss Federal Institute of Sport Magglingen SFISM, Head of Monitoring and Evaluation Unit. Lecturer for scientific working and physical training sciences.

2004 – 2010 Swiss Federal Institute of Sport Magglingen SFISM, Scientific collaborator in health enhancing physical activities. Lecturer for scientific working.

Committees

2016 – Today Member in CISM Sport Science Commission
2015 – Today Member in NATO research group HFM 260 (Enhancing Warfighter Effectiveness with Wearable Bio Sensors and Physiological Models)

Publications

Beeler, N.; Roos, L., Delves, SK., Veenstra, BJ., Friedl, K., Buller, MJ. and Wyss, T. (2018). The Wearing Comfort and Acceptability of Ambulatory Physical Activity Monitoring Devices in Soldiers. IJSE Transactions on Occupational Ergonomics and Human Factors

Veenstra, BJ., Wyss, T., Roos, L., Delves, SK., Buller, M. and Beeler, N. (2018). An evaluation of measurement systems estimating gait speed during a loaded military march over graded terrain. Gait and Posture.

Roos, L.; Taube, W.; Beeler, N.; Wyss, T. (2017). Validity of sports watches when estimating energy expenditure during running. BMC Sports Sci Med Rehabil.

Gilgen-Ammann, R., Wyss, T., Troesch, S., Heyer, L. & Taube, W. (2017). Positive Effects of Augmented Feedback to Reduce Time on Ground in Well-Trained Runners. Int J Sports Physiol Perf.

Gilgen-Ammann, R., Koller, M., Huber, C., Ahola, R., Korhonen, T. & Wyss, T. (2017). Energy expenditure estimation from respiration variables. Scientific reports.

Gilgen-Ammann, R., Taube, W. & Wyss, T. (2017). Gait Asymmetry During 400- to 1000-m High-Intensity Track Running in Relation to Injury History. Int J Sports Physiol Perf.

Roos, L.; Beeler, N. & Wyss, T. (2017). A physical fitness intervention during basic military training improves health behavior in civil life afterwards. Conference abstract 4th International Congress on Soldiers' Physical Performance. J Sci Med Sport.

Wyss, T. & Roos, L. (2017). Physical training interventions and injury prevention in Swiss soldiers. Conference abstract 4th International Congress on Soldiers' Physical Performance. J Sci Med Sport.