

The Board of Directors establishes Commissions for CISM activity in specific areas. Under CISM Regulation Article 2.19. A., the following commissions currently exist:

- 1) Regulations Commission
- 2) Strategy Commission
- 3) Finance and Budget Commission
- 4) Sports Commission
- 5) Sports Science Commission
- 6) Women in CISM Commission
- 7) Solidarity Commission

### 1) REGULATIONS COMMISSION

- A. The CISM Regulation Commission has the objectives to:
  - 1. manage, lead, and develop the activity regarding the CISM Statutes and Regulations.
  - 2. provide timely and accurate advice regarding the CISM Statutes and Regulations to the BoD, the General Assembly, and CISM HQ.
  - 3. to study all proposals for amendments to the Statutes and Regulations.
  - 4. to interpret the CISM Regulations and ensure that CISM activities are conducted in conformance with existing Regulations,
  - 5. to be proactive in CISM activities and initiate recommended changes to the CISM Regulations in order to ensure that the Regulations grow in unison with CISM activities.
- B. In order to reach these objectives, the CISM Regulations Commission has the following responsibilities:
  - 1. to study and present all proposals for amendments to the Regulations with its advice to the Board of Directors.
  - 2. interpret the CISM Regulations and ensure that decisions are conducted by it.
  - 3. propose policies, procedures, or actions regarding Statutes and Regulations.
  - 4. to attend the BoD meetings and to present all Regulations-related issues.
- C. The Regulations Commission is composed of:
  - 1. a President, appointed by the Board of Directors for a term of four (4) years.
  - 2. its members, ideally representing all continents.
  - 3. and a Secretary, designated by the Secretary General from the General Secretariat members.
  - 4. The Commission meets during the General Assembly, and as needed via VTC or inperson.



#### D. Goals

- 1. Continuously Reviewing, Simplifying, and Optimizing the CISM Regulations to ensure the efficient and effective functioning of CISM.
- 2. Support CISM's Vision of being the world's leading military sports organization through clear and concise Regulations aimed at upholding and enhancing CISM's reputation.
- 3. Ensure the Regulations work in support of the CISM Strategic Plan and are never a barrier or obstacle in fulfilling the Plan's objectives.

### 2) STRATEGY COMMISSION

- A. The CISM Strategy Commission has the objectives to:
  - 1. Support the BoD in developing CISM's strategy and development of decisions by elaborating on its strategic plan.
  - 2. Support and advise the Board of Directors on the long-term direction of CISM, which goes beyond its strategic plan.
- B. In order to reach these objectives, the CISM Strategy Commission has the following responsibilities:
  - 1. Present the new strategic plan / updated strategic plan for BoD approval in the first meeting of the year.
  - 2. Present an update report to the Board of Directors in each meeting.
  - 3. Present an annual report to the CISM General Assembly.
  - 4. The Commission meets typically in Brussels once a year in presence. Additional meetings will be determined by the President and will be carried out via a video conference.
- C. The Strategy Commission is composed of:
  - 1. a President, appointed by the Board of Directors for a term of four (4) years.
  - 2. four (4) members, all appointed for a four (4) year term. Each continent appoints one member to ensure that the interests of all continents are considered.
  - 3. and a Secretary, designated by the Secretary General from the General Secretariat members.
  - 4. after the mandate of four years, the Board of Directors may re-appoint the same individual for additional four-year periods. However, the Board of Directors may relieve the President or any member for cause at any time.



#### D. Goal

- Support CISM to be seen as a world-leading military sports organization. (CISM Vision)

#### 3) FINANCES AND BUDGET COMMISSION

- A. The CISM Finances and Budget Commission has the objectives to:
  - 1. Ensure that CISM has an efficient and transparent budgeting and financial control process, and that the Financial Policies and Procedures approved by the CISM Board of Directors are respected. (Transparency)
  - 2. Ensure that all CISM entities (Officials, Headquarters staff, Commissions, etc...) and any Third Party working on behalf of, or representing CISM, conforms to ethical principals in their expenditure, management and oversight of CISM funds. (Ethics)
  - 3. Ensure a sustainable CISM budget that is supported by financial principles in accordance with Belgian Law. (Sustainability)
  - 4. Ensure financial discipline in regard to goal setting, budgeting, and expenditure of funds. (Discipline)
- B. In order to reach these objectives, the CISM Finances and Budget Commission has the following responsibilities:
  - 1. Provide recommendations based on requests to study particular financial aspects of CISM activities.
  - 2. Interpret the CISM regulations and ensure that CISM expenses and resources are conducted in accordance with existing regulations.
  - 3. To study all Decision Files, with financial consequences, and inform the Board of Directors and the General Assembly prior to all decisions if the proposals are not in conformity with the approved budget or regulations.
  - 4. Provide advice and guidance to other commissions on financial matters.
  - 5. Upon request, brief at Continental meetings on CISM Finance and Budget Commission matters.

Limitations: The Finance and Budget Commission will not conduct Financial Audits. However, it may conduct a random review of CISM expenditures and decisions and report these to the Board of Directors.

- C. The Finances and Budget Commission is composed of:
  - 1. a President, appointed by the Board of Directors for a term of four (4) years.
  - 2. the Treasurer General.



- 3. four (4) members, all appointed for a four (4) year term. Each continent appoints one member to ensure that the interests of all continents are considered.
- 4. and a Secretary, designated by the Secretary General from the General Secretariat members.
- 5. The Treasurer General of CISM is a member of the Commission without voting rights.
- 6. The Commission will meet before the annual General Assembly and Congress and before the first Board of Directors meeting.

### D. Goals

- 1. Enhance financial trust.
- 2. Demonstrate value for money.
- 3. Improve communication of CISM financial and budgetary matters to CISM member nations.
- 4. Support the mission of CISM.

### 4) SPORTS COMMISSION

- A. The CISM Sports Commission has the objectives to:
  - 1. Develops sports activities in CISM in close, direct coordination with the CISM Sports Department and PCSCR, who represents all PCSCs.
  - 2. Proposes CISM policies, procedures, and actions in the field of sport.
  - 3.Advises the CISM Sports Department and Games Department in the management of CISM sports activities and CISM Games
- B. In order to reach these objectives, the CISM Sports Commission has the following responsibilities:
  - 1. provides preliminary advice on all sports-related CISM BoD decisions and information files.
  - 2. reports to the General Assembly, BoD meetings, and PCSC meetings as decided by the Board of Directors.
- C. The Sports Commission is composed of:
  - 1. a President, appointed by the Board of Directors for a term of four (4) years.
  - 2. up to 10 (ten) members, preferably from all continents, appointed by the commission president, for a four (4) year term.
  - 3. and a Secretary, designated by the Secretary General from the General Secretariat members



4. The Commission usually meets twice a year: once at the CISM Congress and once at the annual PCSC meeting.

#### D. Goals

- 1. Implement a modern and integrative CISM Sports Strategy to be more attractive, suitable, inclusive, diverse, and universal.
- 2. Encourage gender equity in the CISM Sporting Model.
- 3. Support Parasport in the CISM Sporting Model and pursue the reconstruction policy of wounded military personnel through sport.
- 4. Support CISM to be seen as a world-leading military sports organization. (CISM Vision)

### 5) SPORTS SCIENCE COMMISSION

A. The CISM Sport Science Commission (SSC) objective is to inform and assist CISM in sport science activities related to the scope of military fitness and military sports including the supervision of the CISM International Symposium. In fulfilling this objective, the SSC follows the Commissions procedures and regulations described in CISM Statutes and interacts with CISM Academy (ACISM). The activities related to the objectives of the SSC include the following:

- 1. Supervising the organizational procedures and academic program of the CISM International Symposium in collaboration with the CISM HQ.
- 2. Supervising the organizational procedures and academic program of BoD approved Seminars and training activities.
- 3. Liaising ACISM with the BoD.
- 4. Processing ACISM proposals with the appropriate CISM procedures to the BoD.
- 5. Organizing and conducting scientific research, after approval by the BoD either by initiative or after request by ACISM, a member-nation or the BoD.
- 6. Reviewing proposals for international military sports joint activities in cooperation with the ACISM after a request by the BoD.
- 7. Monitoring scientific work, sports training, and best practices in the field of physical training in CISM member countries.
- 8. Monitoring the psychological patterns of improvement in military fitness.
- 9. Studying and monitoring the improvement of physical, psychological and social health of personnel with disabilities acquired during their military career.
- 10. Providing any assistance in doping prevention if requested by the BoD in compliance with official authorities' directives (WADA, etc)



The CISM Academy (ACISM) concurs and supports the SSC in reaching the above-listed objectives and provides formal auspices for all CISM academic activities.

- B. The CISM Sports Science Commission (SSC) is formed of:
  - 1. a President, appointed by the Board of Directors for a term of four (4) years
  - 2. up to 6 (six) members, preferably from all continents, for a four (4) year term.
  - 3. and a Secretary, designated by the Secretary General from the Academic Department members.
  - 4. The SSC President, in addition to the requirements stated in the art. 4.13, must have a higher degree in sports sciences (PhD) and a CV reflecting his experience in the field of military fitness and sports or sports medicine.
  - 5. The SSC Members are selected by the SSC President based on their CVs that must reflect an experience in the field of military fitness and sports. A Graduate Degree in sport sciences or medicine is mandatory and a higher degree is desirable. SSC Member candidates are proposed by their Nations after an open invitation from CISM HQ.

The CISM Academy (ACISM) is a think tank of individuals who together with the SSC act as the academic ambassador of CISM by inviting, delegating and supervising initiatives of scientific research for the benefit of CISM mission and CISM member nations.

- Members of the ACISM could be world-renowned sport scientists and members of the faculty of an Academic Institution/University. Their CV should reflect a solid and longstanding involvement with sport science or physical education and a PhD in sportrelated sciences.
- 2. Every CISM authority may submit proposals for ACISM candidates to the respective Vice President, who is in charge of endorsing the candidatures to the CISM HQ or the Sport Science Commission. Additionally, ACISM candidate members can express their interest in joining the Academy to the CISM HQ or the Sport Science Commission. The BoD grants the ultimate approval to join the ACISM.

### C. Responsibilities

- 1. In his daily activities, the President of the CISM Sports Science Commission is guided by the CISM Statute and Regulations.
- 2. The SSC President is accountable to the Board of Directors and is responsible for directing the Commission's work, overseeing the minutes noted by the Secretary and submitting written reports to Secretary General. His responsibilities include the following:
  - a. Directing and supervising CISM Sports Science Commission work.
  - b. Acting as CISM point of contact for the CISM Academy with the CISM BoD.
  - c. Coordinating with CISM Academy the planning of scientific activities.



- d. Providing oversight of ACISM activities in conjunction and in coordination with CISM HQ & the CISM BoD.
- e. Coordinating organization and supervision of CISM Symposium scientific program.
- f. Organizing SSC meetings after informing the Secretary General.
- g. Presenting the Raoul Mollet Award and announcing the award winner during the CISM Symposium. The CISM Secretary General proceeds with the awarding.
- 3. The SSC Members are accountable to the SSC President and are responsible to improve the academic support of CISM activities and assist the President in delegated work by the BoD or the CISM Academy.
- 4. The members of the CISM Academy:
  - a. Are invited to participate every two years in the CISM International Symposium and in the meeting in person of the SSC in the frameworks of the Symposium. All the expenses are borne on their nation, an academic institution or personal funds.
  - b. May be invited by the President of the SSC to attend the SSC meetings via VTC.
- 5. The SSC Secretary has the following responsibilities:
  - a. Writes and keeps in appropriate archive the minutes of the Commission meetings.
  - b. Monitors and submits to the SSC President all incoming mail and requests. Official correspondence, in the terms determined by the Board of Directors, is managed by Secretary of the Commission through the following dedicated official mail account: cism-science@milsport.one
  - c. Drafts under guidance by the SSC all outgoing correspondence that after been signed by the SSC President is sent to the Secretary General for appropriate distribution.
- 6. The SSC advised by the CISM Academy selects the Raoul Mollet Award recipient and assigns the SSC Secretary to proceed with necessary actions (informing CISM HQ, updating CISM Symposium Program and announcements, preparation of the diploma and plaque).
- 7. The ACISM, following the agreement/approval of the BoD, supports the SSC to execute its responsibilities through their academic advice and consultation including the following activities:
  - a. Selection of scientific studies to be performed on athletes during CISM sports events.
  - b. b. Selection of appropriate candidates for the International Olympic Academy courses.
  - c. Selection of appropriate candidates for various Academic activities.



- d. Editing and publishing Academic papers related to CISM activities.
- e. Preparing information documents or leaflets on sports science topics for use by CISM Member Nations.
- f. Preparing guidelines on various sport science topics (eg nutrition, hydration, exercise load) to be used by CISM Member Nations.
- g. Proposing plans and activities to improve CISM academic interaction and projection.
- D. The goals of the Sports Science Commission, with the support of the CISM Academy, include the following:
  - 1. Assisting BoD on military fitness and sports science issues.
  - 2. Identifying strengths to be exploited and weakness to be addressed regarding the military sports science capabilities of CISM Nations informing BoD.
  - 3. Improving the impact of CISM Symposium.
  - 4. Improving sport science education among CISM Nations.
  - 5. Establish science as one of the basic elements of CISM.
  - 6. Expand the footprint of CISM worldwide by establishing partnerships with civilian universities and academic institutions.
  - 7. Improve CISM educational activities by implementing international courses and internships offered to CISM Family.
  - 8. Create synergy at the international level between military and civil academic institutions.
  - 9. Facilitate and expedite the application of knowledge from research to practice.
  - 10. Investigate and propose sponsorships for research or educational grants for the benefit of CISM.

### 6) WOMEN IN CISM COMMISSION

- A. The Women in CISM Commission's objectives are to monitor, promote, and support the activities in the mandated area of responsibility. It also encourages women's participation in CISM sports events, women's involvement in CISM organization and structure, and all other CISM activities, including statutory and academic events. The Commission proposes policies, procedures, studies, and actions in gender equity and promotes women's participation in CISM.
- B. In order to reach these objectives, the Women in CISM Commission has the following responsibilities:
  - 1. Support activities that promote women's participation in CISM.



- 2. Propose policies, procedures, and actions that support increasing women's participation in CISM.
- 3.Monitor the women's participation in CISM and present reports to the General Assembly as the Board of Directors decides.
- C. The Women in CISM Commission is composed of:
  - 1. a President, appointed by the Board of Directors for a term of four (4) years.
  - 2.four (4) members, all appointed for a four (4) year term. Each continent appoints one member to ensure that the interests of all continents are considered.
  - 3.and a Secretary, designated by the Secretary General from the General Secretariat members.

### D. Goals

The CISM Strategic Plan includes and describes in detail the goals and specific aims of the Women in CISM Commission.

#### 7) SOLIDARITY COMMISSION

- A. The Solidarity Commission is established by the Board of Directors to:
  - 1. examine, study, and evaluate actions, projects, and initiatives aiming to develop solidarity activity in support of the Cat. A & B CISM member countries
  - 2. propose, for the approval of the BoD, policies, procedures, or programs in Solidarity.
  - 3. present reports to the General Assembly, as decided by the Board of Directors, in the specific area of CISM solidarity activities.
- B. The CISM Solidarity Commission has the objectives of:
  - 1. to promote the participation and representation of the largest number of member countries in CISM activities by providing equal opportunities, especially to the CISM member countries (Cat. A and B) most in need of assistance.
  - 2. propose programs aimed at supporting CISM member nations (Cat. A & B) in developing, organizing, and conducting CISM events.
  - 3. in coordination with the CISM HQ, to identify and propose possible donors who have stated their reliability and inclination to be involved in support of CISM solidarity projects.
  - 4. in coordination with the Financial Commission, advise on the provision of material and financial assistance by CISM to member nations in organizing and conducting CISM events.



- 5. in coordination with the Sports Commission, propose initiatives to organize technical assistance for the practice and development of CISM sports activities.
- C. To achieve these objectives, the CISM Solidarity Commission has the following responsibilities:
  - 1. Inform members of the Board of Directors of solidarity programs and the works of the Commission.
  - 2. Provide preliminary advice on all Decisions and Information Files (DF and IF) of the CISM Board of Directors related to solidarity actions/projects/initiatives.
  - 3. Evaluate applications received by CISM HQ from Category A & B member countries for assistance within the framework of solidarity and prepare a report on their priority.
  - 4. Develop a plan to implement solidarity programs and submit it to the Board of Directors for approval.
  - 5. Through the CISM HQ, request the member countries to provide written reports on the implementation of solidarity programs and, if necessary, travel to these countries to monitor the quality of their implementation as decided by the Board of Directors.
  - 6. Monitor decisions taken by the General Assembly and the strategic plan on solidarity programs.
  - 7. Provide preliminary advice to the Board of Directors on CISM solidarity travel plans.
  - 8. As part of the related selection process, annually analyze and provide preliminary advice on candidates for the CISM Solidarity Award for the Board of Directors' decision.
  - 9. Submit proposals to the Secretary General to establish partnerships with various institutions/companies (public and private) to obtain sports equipment for solidarity projects.
  - 10. In coordination with the Secretary General, propose cooperation plans with other international organizations on solidarity issues to the Board of Directors.
  - 11. Recommend to the Board of Directors (in coordination with the other concerned Commissions) partners/donors who have expressed a desire to support CISM activities in promoting its projects.
  - 12. Propose to the CISM General Secretariat the involvement of selected and preferred donors (as endorsed by the Board of Directors) to support, with dedicated funds/actions, the solidarity projects/initiatives.
  - 13. Through the support of the CISM General Secretariat, the Commission office work (meeting calls, drafting of the agenda, minutes of the meetings, etc.) is managed by the Secretary of the Commission at the CISM HQ.



- 14. The CISM Solidarity Commission's official correspondence, in the terms determined by the Board of Directors, is managed by the Secretary of the Commission through the following dedicated official mail account: cism-solidarity@milsport.one.
- D. The Solidarity Commission is composed of:
  - 1. a President, appointed by the Board of Directors for a term of four (4) years.
  - 2. four (4) members, all appointed for a four (4) year term. Each continent appoints one member to ensure that the interests of all continents are considered.
  - 3. CISM HQ Director for Partnerships and Development,
  - 4. CISM Treasurer General, as an advisor.
  - 5. and a Secretary, designated by the Secretary General from the General Secretariat members.
- E. The Commission's goals are:
  - 1. Increase the effectiveness of CISM solidarity programs.
  - 2. Improve awareness of solidarity programs among CISM member countries.